



Harmonie für Körper, Geist und Seele

# International Sri Deep Madhavananda Ashram Gesellschaft »Yoga im täglichen Leben«

VIENNA

Eisenstadt • St. Pölten • Linz • Salzburg • Klagenfurt • Villach • Graz

[vienna@yogaindailylife.org](mailto:vienna@yogaindailylife.org) – [www.yogaimtaeglichenleben.at](http://www.yogaimtaeglichenleben.at)

Vienna, in August, 2014



We are delighted and greatly appreciate that our beloved Satgurudev, His Holiness Abunathswami Maheshwaranandaji has been honoured for his lifelong untiring, selfless humanitarian and spiritual service. This is a timely recognition of his worldwide work and efforts for physical, mental, social and spiritual health; the betterment of society; peace and harmony on Earth; as well as for the protection of all living creatures and the natural environment; preserving and spreading the treasures of Vedic culture and *Sanatan Dharma*; and awakening spirituality, love and compassion in everyone who has come into

contact with him.

Vienna Ashram was the first *Yoga in Daily Life* Ashram and Society that Abunathswamiji founded, in 1972 - so to say the 'Mother Society' of *Yoga in Daily Life*, from where the light of Gurudev's message and teachings has spread all over the world. We express our particular thanks and appreciation to *Sanskriti Yuva Sanstha* for honouring our revered Satgurudev, an outstanding Yogi, spiritual and religious leader, author of the worldwide renowned system *Yoga in Daily Life*, founder of Sri Deep Madhavananda Ashram Fellowship and the Sri Swami Madhavananda World Peace Council (which has been acknowledged by the United Nations by being granted special consultative status at ECOSOC), through awarding and honouring his lifetime achievements with the prestigious award: BHARAT GAURAV - 'Pride of India'.

## Yoga in Daily Life International

Vishwaguruji Abunathswamiji's activities have encompassed the whole earth. For the benefit of humanity and the sake of integral health - physical, mental, social and spiritual health - he has established thousands of *Yoga in Daily Life* centres and ashrams around the world. For more than four decades he has undertaken annual World Peace Tours and spread the spiritual message of *Sanatan Dharma*, appealing for tolerance, respect and understanding among religions, cultures and nations.



USA



Canada



India



Austria



Croatia



Slovenia



Georgia



Ukraine



Bosnia



Spain



Hungary



Slovakia



Czech Rep.



Serbia



Germany



United Kingdom



Netherlands



South Africa



Australia



Fiji



New Zealand



Brazil



Mexico



Dubai



Nepal

To emphasize only a few of Vishwaguruji's national and international humanitarian and public activities for which he was honoured and awarded worldwide:

### World Peace Trees & World Peace Prayers

Abunathswamiji's tireless efforts to awaken awareness of the importance to preserve nature and the environment, and his appeal to protect our Mother Earth by respecting and treating her in a modest and sustainable way, is symbolized by planting hundreds of World Peace Trees worldwide, and he has inspired his disciples and others around the world to plant hundreds of thousands of trees.



**1997** HH Swamiji planted the 1<sup>st</sup> World Peace Tree in Konya, Turkey, at the Global Forum of Spiritual and Parliamentary Leaders for the Survival of Mankind

This was the starting point of planting of World Peace Trees wherever he travelled throughout the world.

Some highlights from Austria and around the world:



2005 Austria, Vienna  
1<sup>st</sup> Peace Tree with the District Governor



2005 Australia, Adelaide  
with Premier Mike Rann and Monsignore David Cappo



2006 Slovenia, Ljubljana  
with VIP delegates at the World Peace Summit 2006



2007 Slovakia, Bratislava  
with guest delegates of World Peace Summit



2008 Celje, Slovenia



2008 USA, Alexandria, Virginia



2009 Croatia, Split



2009 India, Jadan, Rajasthan



2010 Austria, Vienna, City Park



2010 Croatia, Umag with Deputy Mayor



2010 Serbia, Novi Sad with children's group



2010 Slovakia, Hummene



2011 Australia, Peace Trees along the Peace Journey to Uluru, Northern Territory



2011 Canada, Vancouver



2012 Brazil, Sao Paolo, San Miguel Arcanjo



2012 New Zealand, Auckland



2013 Croatia, Duga Uvala



2013 USA, New York with Mahamandaleshwars and Bawa Jain



2013 India, Kumbh Mela, Illahabad



2013 Hungary, Budapest UN Water Summit with Minister of Rural Development

**1997** Abunathswamiji initiated worldwide celebrations of the *Yoga in Daily Life* Societies, of the Golden Jubilee of India's Independence in the Frame of *Yoga in Daily Life*; under the patronage of the Ambassadors of India, attended by political leaders and other guests of honour from diplomatic corps, arts and culture.

**1999** Initiating the first Conference on Religion and Tolerance in Salzburg with religious leaders of Christianity, Sufism and Buddhism, for fostering mutual understanding and co-operation, tolerance and world peace.

His Holiness Abunathswamiji has initiated, organized and participated in many international Peace and Interfaith Conferences throughout the world. These Summits bring together humanitarian, environmental, religious and political leaders and speakers from around the world to communicate practical solutions we can adopt in everyday life in the effort to overcome the current peace crisis, and to realise a state of peacefulness in everyday life.



Earth Dialogues Roundtable, France



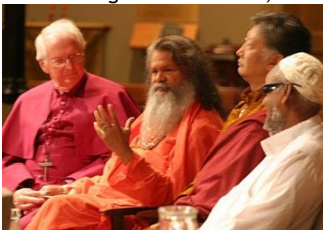
United Nations, New York



Interfaith Prayer, London, UK



UN Water Summit, Budapest



Dialogue with cardinals, World Religious Parliament, Spain



Multifaith Meeting, Melbourne, Australia



Hindu Convocation, Melbourne, Australia



Conference on Peace and Non-Violent Action, New Delhi



Jewish-Hindu Leadership Summit



International Conference on World Peace, Ahmedabad, Gujarat, India

Vishwaguruji has met with state presidents, ministers, religious leaders, scientists and social workers from various countries, nationalities and denominations, interchanging ideas, discussing solutions and appealing for tolerance, respect and mutual understanding between nations and religions.



Earth Dialogues, President Gorbachev



President Schuster, Slovakia



Awarded by President Mesic, Croatia



United Nations officials, New York, USA



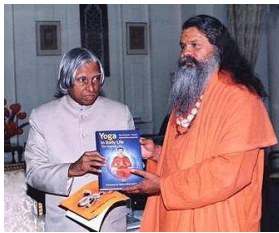
Head of Presidency, Sarajevo, Bosnia



His Holiness Shri Shankaracharya, India



President Kucan, Hungary



Shri Abdul Kalam, President of India



Hon. Mike Rann, Premier of South Australia

**Swamiji's message is:**

*World peace is possible only if all the religious and political leaders of this globe preach tolerance, recognition and respect for other cultures, traditions, languages, nationalities and religions. It is a prime duty of all spiritual and political leaders of this age to guide humanity towards clarity through tolerance and forgiveness, to give others rights, acknowledge them and to preach that we are all children of the one God. In the heavenly kingdom there is no duality, there is no difference between religions, castes, colours, races and languages. There is absolute harmony, balance, understanding, bliss and unity.*

***We all belong to the one and greatest religion on this earth - HUMANITY.***

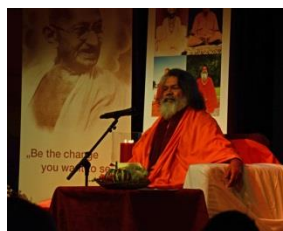
**From 2001 onwards** - in memory of the tragedy of 'September 11' and of the millions of victims of ongoing wars and conflicts throughout the world - HH Abunathswamiji has initiated and taken part in Interfaith Peace Prayers, annual commemorations and gatherings on the UN International Day of Peace (21 Sept) and UN International Day of Non-Violence and Birthday of Mahatma Gandhiji (2 Oct) in the major cities of Austria and Europe, and worldwide on his annual World Peace Tours in USA, Canada, Fiji, New Zealand, Australia and India.



UN World Peace Day, Salzburg



UN World Peace Day, Vienna



Gandhiji's Birthday and UN Non-Violence Day, Eisenstadt



Peace Memorial Monument, Vienna

## Sanatan Dharma, Vedic Culture and Festivals



Celebration of Maha Shivaratri in Vienna Ashram, Austria



Gurupurnima Celebration in Jadan Ashram, India

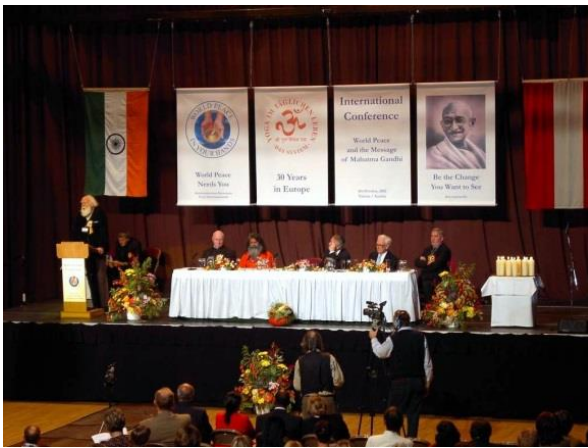


Raksha Bandhan with children in Strilky, Czech Republic



Diwali in Jadan Ashram, Rajasthan, India

## World Peace Summits of Sri Swami Madhavananda World Peace Council



**2002** His Holiness Abunathswamiji organized the **1<sup>st</sup> International Conference on World Peace and the Message of Mahatma Gandhi**, under the auspices of the Ambassador of India and the Foreign Minister of Austria, Dr. Ferrero-Waldner, on the occasion of 30 years of *Yoga in Daily Life* activities promoting world peace, Vienna, 5 October, 2002.

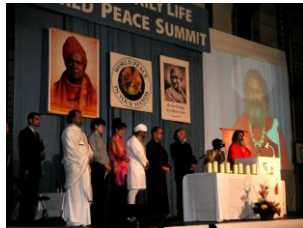
From this year onwards under his presidency, the Sri Swami Madhavananda World Peace Council organized and performed in cooperation with *Yoga in Daily Life* societies, annual World Peace Summits in different countries and continents.



2002 Vienna, Austria



2003 Sydney, Australia



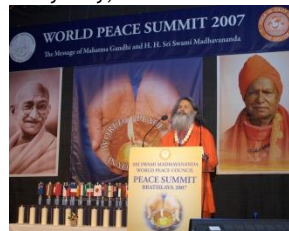
2004 Brno, Czech Republic



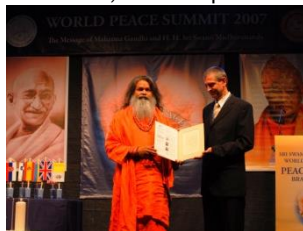
2005 Zagreb, Croatia



2006 Ljubljana, Slovenia



2007 Bratislava, Slovakia



2007 Bratislava, Slovakia



2008 Wellington, New Zealand



2008 Wellington, New Zealand



2009 Szombathely, Hungary

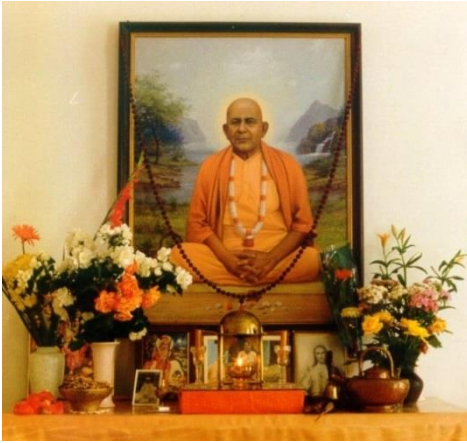


2009 Szombathely, Hungary



2011 Jadan, India

## Yoga in Daily Life in Austria



**1976** Inauguration of the 1<sup>st</sup> *Yoga in Daily Life* Ashram in Vienna on Gurupurnima. Since this time the Eternal Flame has been burning continuously at the altar, spreading the light of the divine spiritual message of the Sri Alakhpuriji Parampara throughout the world.

**2005** inauguration of the largest yoga centre in Austria, in Vienna, in the presence of HE Minister of Education, Justice & Law from Rajasthan, India.



In Austria, *Yoga in Daily Life* is taught in hundreds of locations, in *Yoga in Daily Life* centres and ashrams; as well as in many 'Volkshochschulen' (public adult education centres) in Vienna, St. Pölten, Krems, Eisenstadt, Linz, Graz, Salzburg, Klagenfurt, Villach, Lienz and surrounding places.

In 2014, in Austria there are 75 active yoga teachers leading 150 *Yoga in Daily Life* classes per week with about 1,100 students per week. The *Yoga in Daily Life* system in Austria and worldwide includes Asanas, Pranayamas, Relaxation, Yoga Nidra, Self-Inquiry Meditation, Hatha Yoga Kriyas, Spiritual Kriyas, Satsang, Karma Yoga, Yoga Philosophy and Yoga Teacher Training.

*Yoga in Daily Life Austria* is also engaged in social and community work, offering free yoga classes in the park, introductory 'open days' in the yoga centres, vegetarian cooking classes, public lectures, bhajan concerts, Bharatnatyam dance, cultural performances, yoga weekends and tours etc.



## World Peace Trees in Austria



2005 Vienna



2006 Vienna



2007 Vienna



2007 Vienna



2007 Salzburg



2008 Vienna



2009 Linz



2010 Klagenfurt



2010 Villach



2010 Vienna



2012 Vienna



2013 Eisenstadt



2013 Villach

## Peace Prayers



2001 Vienna



2001 Vienna



2009 Salzburg



2010 Vienna

Based on authentic yoga tradition, *Yoga in Daily Life* contains the pure essence of the original yoga teachings and was developed by Paramhans Swami Maheshwarananda specifically to suit the modern mind and lifestyle.

Swamiji's system of *Yoga in Daily Life*, and as his radiant personality, have also been honoured and recognized in Austria.



**2005** Meeting Austrian President Heinz Fischer at a reception at the Austrian Embassy in New Delhi, India.



**2009** Awarded and acknowledged for humanitarian work and for public health by the Head of the Federal State of Salzburg, Mrs. Gabriele Burgstaller and the Mayor of Salzburg, Mr. Schaden, at the residence of Salzburg, Mirabell Castle, Salzburg, Austria, May 15, 2009



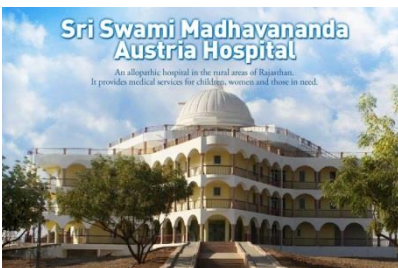
**2009** Awarded a Silver Medal of the City of Vienna - with the image of the 'Rathausmann', the city's landmark - for his long lasting merits for public health and world peace, by the City Councillor, Nov. 18, 2009



**2010** Interreligious Meeting and Dialogue with Bishop DDr. Küng, St. Pölten, Dec. 15.

## Humanitarian Projects and Initiatives

### Sri Swami Madhavananda Austria Hospital in India



Sri Swami Madhavananda Austria Hospital has been constructed with the dedication of the members of the Austrian Hospital in India Society, Vienna, who have worked to raise the financial support to construct the hospital. The Austrian Hospital in India Society is also continuing to support the project through the raising of donations for equipment and running costs of the hospital.

From 2001 onwards an ambulance has provided free emergency transport for people from remote areas in the Pali district of Rajasthan. In April 2003, the Austrian Ambassador in India, Dr. Jutta Stephan Bastl, laid the foundation stone. As an architectural masterpiece, the hospital is a unique star-shaped complex, representing the *anahata chakra* (the heart chakra or energy centre). This symbol originates from Vedic culture represent healing, compassion and humanitarian care. It captures the spirit of the hospital's role in this remote rural community, which has been without adequate medical care for a great many years.

The hospital is offering emergency service, free medical camps in the hospital itself and in the surrounding village. In December 2009 the Jadan Health Programme began. In this programme the children of the Jadan School are instructed about ways to maintain good health. The first lecture was about dental hygiene. Since 2011, general health and preventive check-ups of school children are offered twice a year by a range of specialist doctors.



## Humanitarian projects in Jadan Ashram supported by Yoga in Daily Life Austria



Rainwater Harvesting - Talab



School and College



Gyan Putra Support Scheme



Reforestation

### Swami Madhavanand Sarovar - Rainwater Harvesting Project

In order to provide water for the projects of the Ashram, including the hospital, the Fellowship constructed an extensive dam and water-catchment system, to contain the run-off of rainwater. The unique geographical position of the Ashram is on the region's natural watercourse, which means that in the monsoon season a large surge of water passes through the catchment's system. Apart from servicing the abovementioned facilities and projects, the dam water is also purified and used to supply clean, safe drinking water to drought-stricken villages in the surrounding area.

### Sri Vishwa Deep Gurukul Prathmik Vidyalaya - Primary & Secondary School and Sri Paramatma Swami Madhavanand College

Established in 2002, this rural school has around 1,100 students with classes ranging from kindergarten up to 12<sup>th</sup> Grade. Registered by the Government of Rajasthan as an 'English-medium' school, education is based on the government syllabus with a parallel syllabus that teaches traditional Indian-Vedic culture. All girls are exempt from school fees. The school receives funding from international donors and also derives an income from the hostel which runs parallel to the school. The college has two streams: Bachelor of Arts in the subjects of History, Hindi, Sanskrit and English Literature, and Bachelor of Computer Application. In 2014 there were about 140 students in the college, 50% of them girls.

### Gyan Putra

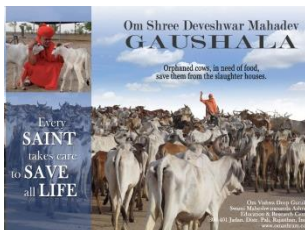
This scheme is for sponsoring local children from underprivileged families so that they may continue their education. Students of this scheme attend government schools in the region. This scheme has been established since 1998 and today has supported more than 2000 students. Students are supplied with text books, fees, uniforms and stationery.

### Education Programmes for Women

In collaboration with the Indian Government, the Fellowship conducts residential training seminars for women on the topics of health, hygiene and child welfare. Graduates from the programme act in an advisory capacity within their local community on matters of child development, sanitation and on the education and development of girls.

### Reforestation Programmes

In 2002, Jadan Ashram began its long-term commitment to reforestation with the planting of 5,000 trees. Since then more than 200,000 trees have successfully been planted in this area.



Animal Refuge



Disaster Relief - Firefighting



Water supply in draught season



Organic farming and gardening

### Gaushalas (Animal Refuges)

*Yoga in Daily Life* is supporting seven Gaushalas and various animal welfare projects, providing shelter and veterinary care for more than 600 abandoned, aged or sick animals.

### Drought and Emergency Relief

As severe droughts continue to afflict the Pali district, Jadan Ashram is active in supplying drinking water by tanker to deprived villages during emergency periods. During the drought season the tankers delivered more than 80,000 litres of drinking water per day, to villages up to 45 kilometres away. Equipped with firefighting equipment, the tanker and the Ashram's fire-fighting team are available for firefighting 24 hours a day.

### Environmental Programmes

The Ashram's organic farm acts as a 'sustainable development model' coaching local farmers in alternatives to pesticide. The Ashram produces organic vegetables, wheat, corn, barley and various seeds and spices. In addition to the above environmental programmes, research is ongoing for the production of natural pesticides from the indigenous Neem tree.

### Yoga in Daily Life Ashrams in India



Situated in an area of 250 acres, the Sri Swami Maheshwarananda Ashram - Education and Research Centre includes the largest man made symbol of OM in the world. The 108 compartments of residential units of this impressive building are symbolic of the 108 beads of the Japa Mala.

The main Temple will be the mighty heart of the OM Ashram. In its very centre, below the main hall, is situated the Mahasamadhi shrine of Swamiji's beloved master, Holy Gururji Paramhans Swami Madhavanandaji.



Nipal Ashram



Bola Guda Ashram



Khatu Dhuna



Khatu Ashram



Kailash Ashram



Jaipur Ashram



Delhi Ashram

The great mission undertaken by Vishwaguruji during the last 45 years has been recognised throughout the world and we do wish that his divine message will continue in future, to enter into the hearts of millions of people for the sake of welfare of humankind and all creatures on this planet.

*The Board and Members of Sri Deep Madhavananda Ashram Society  
- Yoga in Daily Life Vienna & Yoga in Daily Life Societies of Austria*