



Harmonie für Körper, Geist und Seele

With great pleasure the Yoga in Daily Life disciples of Germany received the news that His Holiness Vishwaguru Mamandaleshwar Paramhans Swami Maheshwarananda was honoured with the award "Bharat Gaurav".

Swamiji first came to Hamburg in 1987. In September 1993 He inaugurated the first ashram in Hamburg where we practiced Yoga gave 'Yoga in daily Life' teachings and satsangs.

Our present ashram today was inaugurated by Swamiji in November 2001 and here we continue the 'Yoga in daily Life' teachings. There are some more locations in Germany where 'Yoga in daily Life' lessons take place.

Disciples from Kiel and Hamburg initiated in 1998 an association to build and support a school for village children - especially girls - at Jadan, India. This project is named Gyan Putra - Child of Wisdom. The protectorate was assumed by His Holiness Abunathswami Mahamandaleshwar Paramhans Swami Maheshwaranda.

In November 2012 we started a tree planting project near Hamburg for the protection and preserving of nature.

Swamiji constantly visits His disciples in Hamburg and holds seminars about Yoga, especially Chakras and Kundalini, and gives teachings about the benefits of the system of 'Yoga in daily Life'.

For more than 27 years now we experience, how Swamiji inspires everyone who comes to 'Yoga in Daily Life' programs to create a healthy live-style, harmonious relationships and personal and spiritual development. By harmonizing your inner world is it much easier to overcome problems of the outer world as well and be a strong and supportive member of society. We are sure, that the wisdom and knowledge we get through 'Yoga in Daily Life' helps everyone of us supporting positive changes and well-being for all living beings and society and to protect our environment and nature for the coming generations.

We all do hope, that Swamiji will continue His successful work for the world and that we will always support Him and His work. All disciples from Hamburg and Germany want to thank Him so much for His love and spiritual guidance.

With warm regards

Sadhvi Rukmani
Mantradevi Kircher (President)
German national center of Yoga in Daily Life Hamburg



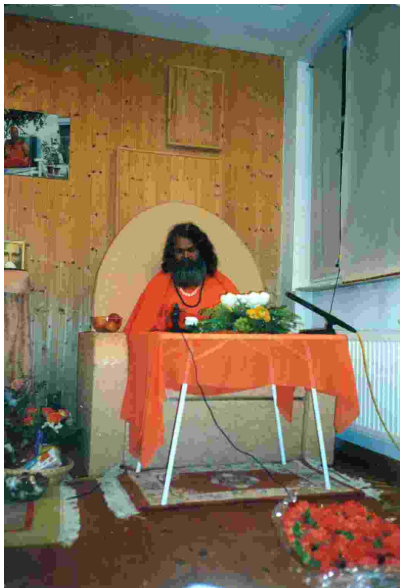
Swamiji on the Hamburg airport



Yoga-Seminar with Swamiji at Falkenried



Yoga group in the first Hamburg Ashram



Opening of the first Ashram in Hamburg September 1993



Visit to Ashram Hamburg



Swamiji and Jaswinder Singh with wife



Swamiji in Hindu-Temple Hamburg



In Mühlendamm Ashram



Asanas in Ashram Mühlendamm



Yoga-Seminar in Hamburg



Yoga in Daily Life
on one road festival



Yoga in Daily Life on the Sportsfest during the Football Cup WM in Germany 2006